

Check List

√	Switching out	Switch to:
	Windex/window cleaners, floor cleaners, toilet cleaners, & any surface cleaners	Thieves Household Cleaner
	Laundry detergent and dryer sheets	Thieves Laundry Soap + Young Living Dryer Balls
	Produce cleaners	Thieves Fruit and Veggie Soak
	Dishwasher and dish soap	Thieves Automatic Dishwasher Powder AND Thieves Dish Soap
	Hand soap, hand purifiers, disinfectant wipes	Thieves or Lavender Foaming Hand Soap, Thieves Waterless Hand Purifier, Thieves Wipes
	Toothpaste, floss, & mouthwash	Thieves Aromabright Toothpaste, Dentarome Plus Toothpaste, Thieves Dental Floss, & Thieves Fresh Essence Mouthwash
	Deodorant & lotion	Aromaguard Deodorant (Meadow Mist & Mountain Mint) Hand & Body Lotion (Lavender, Sensation, Genesis, Kids Scents, Baby Lotion)
	Shampoo & conditioner	Shampoo & Conditioner (Lavender, Lavender Mint & Copaiba Vanilla)
	Candles & air fresheners	Young Living Diffuser & Essential Oils
	Perfume	Essential Oils, L'Briante
	Skin Care	ART Skin Care Line
	Makeup	Savvy Minerals Makeup Line
	Sunscreen, bug spray, & after sun spray	Mineral Sunscreen Lotion, Insect Repellent, & LaveDerm After-Sun Spray
	Traditional kids products	Kidscents product line
	Traditional baby products	Seedlings product line
	Pet care	Animal Scents product line

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Priorities

Let's get you organized! Definitely begin with Thieves Household Cleaner — this simple change out will declutter your cabinets AND replace many of your toxic products AND save money. This one is easy.

After that, think about what *your* priorities are. What concerns you the most? Do you want to change out everything at once or a little bit at a time? Put some thought into these questions as you prioritize your change out on this worksheet:

What will you switch out first?

Thieves Household Cleaner

Second?

Third?

Fourth?

Fifth?

Sixth?
