Women's Wellness with Young Living: Autumn

TEENS:

 Product Name	Description	Notes:
Brain Power	Great for studying, tests, focus and learning new things! Brain Power™ is a blend of essential oils high in sesquiterpenes—like Sacred Sandalwood, Blue Cypress, and Frankincense—to promote a sense of clarity and focus when used aromatically	
Stress Away	 -A perfectly balanced aroma of both tropical and citrus notes that creates a uniquely relaxing oasis in a fast-paced world. - Diffuse it around your home after a long day for a fresh, soothing aroma. - Apply Stress Away oil to your wrists or back of neck while at work or school to enjoy its calming scent. - Add a few drops to a cotton ball and place it in the air vent of your car during long drives to create a calming environment. - Send kids to school on test day with Stress Away's soothing aroma. 	
Cool Azul Pain Cream	 Great for your kids as they go through spurts, give sports all they have or just need some relief after carrying a heavy backpack around! Works on contact to immediately alleviate minor aches and pains, delivering full-strength, cooling relief that penetrates deep into muscles and joints. Effective, plant-based pain relief made with only naturally derived ingredients Temporarily relieves minor aches and pains of muscles and joints associated with: Arthritis, Simple backache, Strains, Sprains, Bruises 	
Ningxia Red	Ningxia Red is a great addition to your daily routine, whether stashed in your kids lunch, frozen for a refreshing after school pick me up before after school activities or at breakfast to kick the day off to a great start!	
Ningxia Nitro	Ningxia Nitro is a great alternative to sugary sodas or caffeinated drinks. With NingXia Nitro®, you'll get a quick pick-me-up without the sugar or caffeine overload. Infused with essential oils, botanical extracts, D-ribose, Korean ginseng, and green tea extract, NingXia Nitro supports alertness, as well as cognitive and physical fitness.* A great support for body and mind wellness, use NingXia Nitro for running, weightlifting, or getting through your afternoon slump. The naturally occurring caffeine in Young Living's	
	NingXia Nitro supports normal energy levels and alertness to help you with a busy day or a tough workout.*	

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Orange Blossom Face Wash, Moisturizer, Maximum Strength Acne Treatment	 Choose a skin care routine free of harsh chemicals and made from 100 percent naturally derived ingredients! Orange Blossom Facial Wash is a hypoallergenic, gentle face wash for oily skin and leaves behind no pore-clogging residue, so it will perfectly complement your daily skin care regimen. After use, round out your citrus-kissed day with Orange Blossom Moisturizer that helps skin maintain optimal moisture balance, controls excess oil and shine, and preps your face for makeup with its natural-looking matte finish A fresh, clear complexion is yours with the help of Young Living's Maximum-Strength Acne Treatment. Naturally derived, maximum-strength salicylic acid from Wintergreen helps clear acne blemishes, pimples, and blackheads; but its plant-based powers don't stop there! Tea Tree essential oil helps cleanse your skin, while Manuka oil reduces the appearance of blemishes. 	
KidScents MightyPro	-MightyPro is a unique, synergistic blend of prebiotics and probiotics in a supplement specially formulated for children. Packaged in easy, one-dose packets that can be taken almost anywhere you go, this supplement features over 8 billion active, live cultures to support digestive and immune health.* -Featuring a great-tasting formula that can be added to cold food and drinks for easy consumption, MightyPro supports gastrointestinal and immune health and maintains gut health in children, keeping kids up and active. That means fewer missed days of school, day care, and playing with friends.*	
Thieves Hand Purifier	A great addition to your Thieves Oil regularly in the fall and winter months- another way to support healthy hygiene and reduce harsh chemicals! Convenient, portable, and long lasting, Thieves® Waterless Hand Purifier is enhanced with natural Peppermint oil to cleanse and purify hands.	
Diffuser Jewelry or YL AromaSpinner	A great way to take the aroma benefits of their favorite oils to school. An easy way to incorporate an intention for the day (ie. picking Brain Power to put on the item for focus and confidence on test days, Stress Away or Peace and Calming on days that need a bit of calming support, En-R-Gee or Valor for courage, confidence and enthusiasm!)	

Go Years: Mama, Management and More!

Ningxia Red	Ningxia Red is a great addition to your daily routine. A couple of ounces every morning will not only give you a little eye opener, it will keep your immune system kicking!	
Ningxia Nitro	Ningxia Nitro is a great alternative to sugary sodas or caffeinated drinks. With NingXia Nitro®, you'll get a quick pick-me-up without the sugar or caffeine overload. Infused with essential oils, botanical extracts, D-ribose, Korean ginseng, and green tea extract, NingXia Nitro supports alertness, as well as cognitive and physical fitness.*	
Master Formula	- Most amazing multi-vitamin EVER! - Master Formula is a full spectrum, multinutrient complex, providing premium vitamins, minerals, and food-based nutriment to support general health and well-being. By utilizing a Synergistic Suspension Isolation process – SSI Technology – ingredients are delivered in three distinct delivery forms. Collectively, these ingredients provide a premium, synergistic complex to support your body.	
Multi-Greens	 MultiGreens[™] is a nutritious chlorophyll formula designed to boost vitality - it works with the glandular, nervous, and circulatory systems. It's a natural, sustainable energy source with bioactive sea vegetables that increase vitality. Includes Spirulina which is a source of chlorophyll, a magnesium rich pigment that has been linked to improved energy and metabolism. 	
Endogize	Feeds the hormonal system to love up your adrenals.	
Cortistop	Cortistop (Women's) is a proprietary supplement designed to help the body maintain its natural balance and harmony. When under stress, the body produces cortisol. When too much cortisol is produced, it can have negative health consequences such as feelings of fatigue, difficulty maintaining healthy weight and maintaining optimal health of the cardiovascular system.	
Einkorn	Einkorn grain has grown alongside human civilization since ancient times. Untouched by hybridization, einkorn has retained its primitive genetic code that contains only 14 chromosomes—a huge difference from the 42 chromosomes contained in modern hybridized wheat. This superior ancient grain also contains less gluten than modern whole wheat and is more abundant in many vitamins and minerals. The excellent nutrition and wellness benefits of Einkorn Flour make it a must-have for your healthy lifestyle.	
Thieves Household Cleaner	 A no-brainer and super important to use to begin to detox our homes. Plant-based, safe for kids, pets, and the earth. Replaces every cleaner in your home AND cheaper than any cleaner. 	
Laundry Soap	- Most important change after the household cleaner. - Plant-based and free of harsh, toxic chemicals.	

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Perimenopause

Ningxia Red	Ningxia Red is a great addition to your daily routine to give you an extra dose of energy and vitality!	
Ningxia Nitro	Ningxia Nitro is a great alternative to sugary sodas or caffeinated drinks. With NingXia Nitro®, you'll get a quick pick-me-up without the sugar or caffeine overload. Infused with essential oils, botanical extracts, D-ribose, Korean ginseng, and green tea extract, NingXia Nitro supports alertness, as well as cognitive and physical fitness.*	
Mindwise	MindWise has a high proportion of unsaturated fatty acids and omega-3 fatty acids. Plus, it uses a combination of fruit juices and extracts, turmeric, and pure essential oils to create a heart and brain function supplement with a taste you'll love! This premium supplement is equipped to support normal brain function and overall cognitive and cardiovascular health.	
Thyromin	A special blend of porcine glandular extracts, herbs, amino acids, minerals, and therapeutic-grade essential oils in a perfectly balanced formula that maximizes nutritional support for healthy thyroid function.* The thyroid gland regulates body metabolism, energy, and body temperature.	
Essentialzyme-4	A multi-spectrum enzyme complex specially formulated to aid the critically needed digestion of dietary fats, proteins, fiber, and carbohydrates commonly found in the modern processed diet. The dual time-release technology releases the animal- and plant-based enzymes at separate times within the digestive tract, allowing for optimal nutrient absorption.	
Release	A blend with a relaxing aroma that facilitates the ability to let go of anger and frustration. It also promotes harmony and balance when diffused.	
Believe	Contains Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, and other essential oils that may encourage feelings of strength and faith when used aromatically.	
Present Time	Helps you focus on the here and now, so you can get beyond.	
Finance™ Inspired by Oola	Especially formulated to encourage positive emotions and increased feelings of abundance. This uplifting and inspiring blend also brings clarity and alertness. Finance affirmation: I am financially free and living abundantly.	

The Golden Years

\checkmark	Product Name	Description	Notes:
	Agil-Ease	 Can reduce acute joint discomfort and support the body's healthy response to inflammation from exercise Unique and powerful ingredients such as frankincense resin powder, UC-II® undenatured collagen, hyaluronic acid, calcium fructoborate, and a specially formulated proprietary essential oil blend are known for their joint health benefits. 	
	Super Cal Plus	 Features a dual-action blend that helps maintain and support the structure, integrity, and density of bones Promotes healthy bones by supporting the body's ability to resorb bone tissue (osteoclasts) and deposit new bone tissue (osteoblasts) Provides an excellent source of calcium, magnesium, vitamin K, and vitamin D 	
	Cool Azul Pain Cream	 Works on contact to immediately alleviate minor aches and pains, delivering full- strength, cooling relief that penetrates deep into muscles and joints. Effective, plant-based pain relief made with only naturally derived ingredients Temporarily relieves minor aches and pains of muscles and joints associated with: Arthritis, Simple backache, Strains, Sprains, Bruises 	
	Omegagize	 Combines the power of three core daily supplements-omega 3 fatty acids, vitamin D-3, and CoQ10 (ubiquinone). These supplements combine with our proprietary enhancement essential oil blend to create an omega-3, DHA-rich fish oil supplement that may support general wellness. Used daily these ingredients work synergistically to support normal brain, heart, eye, and joint health. 	
	KidScents GeneYus	An excellent blend to diffuse for young minds that are focusing and concentrating on projects.	
	T-Away	 Formulated with a soothing scent for your animal to support a new level of emotional freedom and joyful feelings. Because of its popularity, quantities are limited to one bottle per account per month. A portion of all proceeds from Animal Scents products goes to support Vital Ground, a nonprofit organization dedicated to protecting the habitat of grizzly bears and other wide-roaming wildlife. 	