

# What is CBD?

CBD oil is a natural substance from hemp (phytocannabinoid) that provides support to your endocannabinoid system (ECS). This system regulates many functions in the body to help it maintain homeostasis.



## Things to Keep in Mind:

- If you are new or sensitive in nature, start with 1/2 the recommended dose and increase it as you read your body and notice how you are feeling.
- For best results, consume on a full stomach. More cannabinoids are absorbed on a full stomach.
- CBD is fat-soluble. Consume with a healthy dose of fats to increase the amount of CBD that reaches your bloodstream by up to three times.
- Always consult your physician when deciding to use a CBD product. Side effects may include potential fatigue, appetite change (increase OR decrease based on product used), and possible diarrhea (if one is sensitive to hemp products).

With Nature's Ultra you're getting pure, safe, and legal CBD with 0% THC... and they're infused with Young Living essential oils, which provides the benefits of terpenes! Nature's Ultra follows the same Seed to Seal standards as Young Living. All of their ingredients are natural, organic, vegan approved, and gluten free.

# All Things CBD

### Functions linked to ECS:

- Appetite
- Digestion
- Immune function
- Inflammation
- Neuroinflammation
- Mood
- Energy regulation
- Sleep
- Reproduction/fertility
- Motor control
- Temperature regulation
- Memory
- Pain
- Pleasure/reward

## So, how does your ECS work?

If any of these functions get out of balance, the ECS sends out endocannabinoids and enzymes to regulate the body and bring it back into homeostasis.

### For Example:

- When you get too hot, you sweat to bring your body temperature down.
- If you get too cold, you shiver.
- When you get hungry, your stomach growls.
- When you get tired, you yawn.



**CBD...  
helps regulate your ECS!**

Your body makes its own endocannabinoids, but you can use plant cannabinoids (phytocannabinoids) like CBD to help support the ECS in maintaining homeostasis - just like you use vitamins to provide the body with nutrients.

## Ready to get your CBD?

Use my member number, \_\_\_\_\_, to order your favorite starter kit from YL and gain access to Nature's Ultra products.

- Visit [www.youngliving.com](http://www.youngliving.com)
- Select your Country/Language
- Click "Become A Member" at the top
- Once your YL is active, link your account to Nature's Ultra by following the directions down below.

## Already a Young Living member?

Link your Nature's Ultra account to your Young Living account by following these simple steps.

- Log in to your YL account and select Quick Order
- Click the Nature's Ultra CBD link
- Click Create account and send email.
- Activate your account using the link in your email.

### NOTE:

Use the same email account for YL & Nature's Ultra.



# What's the difference between THC and CBD?

THC (tetrahydrocannabinol) is a psychoactive compound in cannabis. When this compound binds to the CB1 receptors in the brain, it makes you feel "high."

*vs.*

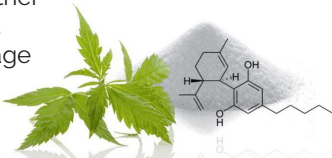
CBD (cannabidiol) does not bind directly to either CB1 or CB2 receptors but instead impacts them indirectly by modifying the receptors' ability to bind to cannabinoids; therefore, CBD does NOT make you feel "high."

## Guess what?

Standard 5 & 10-panel drug tests will test for THC. If your CBD product contains any THC, you may have a positive drug test. Avoid a positive drug test by using a **CBD Isolate** product.

# What is CBD Isolate?

**CBD Isolate** is pure CBD; it has no THC, no heavy metals or other compounds, and no terpenes. Therefore, it loses the Entourage Effect. **Nature's Ultra CBD** is CBD Isolate with essential oils added. In other words, the terpenes have been added back in to work synergistically with the cannabis compounds to create positive results, resulting in Smart Spectrum CBD - only found with Nature's Ultra.



**Note:** Nature's Ultra CBD contains 0% THC. You will not test positive for THC on a drug test using Nature's Ultra CBD.

# What are Terpenes?

Terpenes give plants their fragrance or aroma. The fragrant imprint of each plant is a result of different combinations of terpenes. Terpenes are believed to have many positive effects on the body.

## SMART SPECTRUM

Remember, CBD Isolate contains no terpenes - but essential oils do! Nature's Ultra has infused their CBD Isolate with Young Living

essential oils so you can benefit from the synergistic effect of terpenes and CBD combined. This exclusive combination has been coined "Smart Spectrum."

# Nature's Ultra CBD Products Infused with Young Living Essential Oils

## Cool Mint CBD

Available in 500 MG & 1000 MG

Infused with Peppermint and Spearmint essential oils, Cool Mint is an uplifting blend that will support you throughout the day.



## Citrus CBD

Available in 500 MG & 1000 MG

Infused with Young Living's Grapefruit and Orange essential oils, Citrus CBD is an energizing combination.



## Cinnamon CBD

Available in 500 MG & 1000 MG

Infused with Young Living's Cinnamon essential oil, this CBD oil will give you a boost during your daily activities.



# Calm Roll-On

Available in 300 MG & 600 MG

Infused with Eucalyptus, Frankincense, Lavender, Orange, Vetiver, & Ylang Ylang Young Living essential oils.

- Creates a peaceful environment
- Helps relax and quiet your mind
- Decreases occasional stress of the day
- Gives you a soothing, restful night's sleep



# CBD Joint & Muscle Balm

Available in 300 MG & 600 MG

Infused with Camphor, Clove, Helichrysum, Lemon, Peppermint, Tea Tree, Wintergreen, and more. These ingredients work hard together to soothe your hard-working body.

- Targets those sore, achy muscles
- Provides a hot-and-cold sensation using menthol
- Gives it a boost by infusing it with Young Living essential oils



# Pet CBD

Available in 200mg & 400 mg  
For cats, dogs, and horses

**Usage:** Place 1 serving into your pet's mouth, food, or water, whichever method works best for your pet. Do not give this to a pet that is allergic to hemp or hemp-related products.

No gluten, no fillers, no chemicals, no fragrances, no artificial flavorings, and cruelty-free.

**Allergy info:** no sugar, starch, salt, wheat, gluten, yeast, milk or soy.

Nature's Ultra Pet CBD does not contain any essential oils.

