

Cooking with love
provides food for the soul.

To: _____

From: _____



Self-care isn't selfish.

To: _____

From: _____



Give yourself permission
to pause & be still.

To: _____

From: _____



'Tis the season
to get cozy.

To: _____

From: _____



Confidence is classy.

To: _____

From: _____



Wrapped in
rays of sunshine.

To: _____

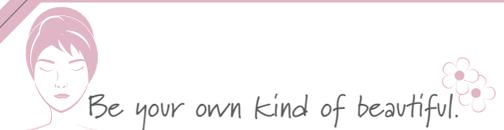
From: _____



Be your own kind of beautiful.

To: _____

From: _____



Pets leave paw prints on your heart.

To: _____

From: _____



Smile pretty!

To: _____

From: _____

