

5 SIMPLE SWAPS FOR CLEANER LIVING

DITCH



SWITCH

X PLUG-INS & CANDLES



- CAN EMIT VOCS
- MAY CONTAIN ENDOCRINE DISRUPTORS
- OFTEN CONTAIN SYNTHETIC FRAGRANCE

X CONVENTIONAL MAKEUP



- MANY CONTAIN FORMALDEHYDE OR A FORM OF IT
- OFTEN CONTAIN ISOBUTYL AND ISOPROPYL PARABENS
- CAN BE CONTAMINATED WITH HEAVY METALS

X CONVENTIONAL HOUSEHOLD CLEANERS



- CAN IRRITATE THE SKIN, EYES. NOSE, & THROAT
- OFTEN CONTAIN SYNTHETIC FRAGRANCE
- CAN BE HIGHLY POISONOUS TO BOTH HUMANS & ANIMALS IF SWALLOWED

× CONVENTIONAL LAUNDRY SOAPS



- MAY CONTAIN 1.4-DIOXANE
- MAY CONTAIN SODIUM LAURYL/LAURETH SULFATE (SLS)
- TYPICALLY CONTAIN OPTICAL
- BRIGHTENERS & SYNTHETIC FRAGRANCES

X CONVENTIONAL SUPPLEMENTS



- VITAMINS CAN BE SYNTHETICALLY PRODUCED IN A LAB
- OFTEN CONTAIN INACTIVE OR POORLY BIOAVAILABLE NUTRIENTS
- OFTEN CONTAIN ARTIFICIAL SWEETENERS AND DYES

YOUNG LIVING ESSENTIAL OILS & DIFFUSERS



- BACKED BY SEED TO SEAL
- CAN PURIFY THE AIR WITH PREMIUM EOS
- CREATES A RELAXING FNVIRONMENT

SAVVY MINERALS MAKEUP



- INFUSED WITH YOUNG LIVING ESSENTIAL OILS
- CONTAINS NO SULFATES. PHTHALATES. MINERAL OIL. ANIMAL- DERIVED INGREDIENTS. SYNTHETIC FRAGRANCES OR DYES

THIEVES HOUSEHOLD CLEANER



- CONTAINS NATURALLY DERIVED. PLANT-BASED INGREDIENTS
- SAFE TO USE AROUND CHILDREN & PETS AS DIRECTED
- INFUSED WITH YOUNG LIVING ESSENTIAL OILS

THIEVES LAUNDRY SOAP



- FREE FROM SLS. DYES. PETROCHEMICALS, FORMALDEHYDE. PHOSPHATES. SYNTHETIC PERFUMES. CHLORINE. AND OPTICAL BRIGHTENERS
- FORMULATED WITH GENTLE. PLANT-BASED CLEANSERS & YL ESSENTIAL OILS

YOUNG LIVING ESSENTIAL OIL-INFUSED SUPPLEMENTS



- MADE WITH NATURALLY DERIVED. PLANT-BASED INGREDIENTS
- INFUSED WITH YOUNG LIVING ESSENTIAL OILS
- CONTAIN NO ARTIFICIAL DYES. FLAVORINGS, OR SWEETENERS