

NINGXIA Red

Daily Menu

G'MORNIN' SUNSHINE

Banana-Berry Protein Smoothie

- 1/2 banana
- 1/2 cup frozen berries
- 1/2 cup spinach
- 1 scoop Pure Protein Complete, Vanilla Spice
- 2 oz. NingXia Red
- 3 oz. orange juice

PB & J Smoothie

- 1 cup mixed frozen berries
- 1/2 frozen banana
- 2 T. almond butter
- 1/2 T. ground cinnamon
- 8 oz. unsweetened almond milk
- 1 oz. NingXia Red

Green Goddess Smoothie

- 2 oz. NingXia Red
- 1/2 cup almond milk
- 1 cup spinach
- 1/2 banana
- 1 mandarin orange
- 1/4 cup of ice
- 2 T. plain or greek yogurt

AFTERNOON DELIGHT

NingXia Bomb

- 1 can NingXia Zyng
- 1 packet NingXia NITRO
- 1-2 oz. NingXia Red

Add ingredients to glass with ice. Enjoy!

NIGHT CAPS

Cocktails and Mocktails

Berry Mimosa Mocktail*

- 1 oz. NingXia Red
- 1 oz. sparkling water

Add ingredient to champagne glass. Top with orange juice. Enjoy!

Sparkling NingXia Red Mocktail*

- 2 oz. NingXia Red
- berries of choice
- sparkling water

Muddle a few berries in the bottom of a champagne glass. Add sparkling water and NingXia Red. Enjoy!

**Turn these into cocktails by using champagne or sparkling wine in place of water.*

NingXia Red Sangria

- 1/2 cup Red Wine
- 1/2 cup NingXia Red

Add ingredients to glass and top with sparkling water and your favorite fruit. Enjoy!

NingXia Shots

Immunity

- 1 oz. NingXia Red + 1 drop Thieves Vitality, 1 drop Copaiba Vitality

Energy

- 1 oz. NingXia Red + 1 drop Peppermint Vitality, 1 drop Orange Vitality

Weightless

- 1 oz. NingXia Red + 1 drop Grapefruit Vitality